



Petaluma Valley Baptist Church

September 10, 2017

“What Are You Thinking...?”

FOCUS SCRIPTURE

Philippians 4:8 – And now, dear brothers and sisters, let me say one more thing as I close this letter. Fix your thoughts on what is true and honorable and right. Think about things that are pure and lovely and admirable. Think about things that are excellent and worthy of praise.

TODAY’S PREMISE: *Our _____ are what fuel our mind and they will _____ affect how we live our life.*

QUOTE

"Research has shown that one's thought life influences every aspect of one's being. Kind people are simply the type of people who habitually tend to think kind thoughts. Angry people are simply the kind of people who habitually tend to think thoughts that breed resentment and hostility." – Archibald Hart

Proverbs 23:7 - For as a man thinks within himself, so he is.

Law of Cognition: I become what I _____

2 Corinthians 10:5 - take every thought captive to obey Christ

Law of Exposure: My mind will be _____
by what it is most _____ to.

Psalm 119 - I love your word. I will meditate on it day and night... Your word is a lamp for my feet and a light for my path... As pressure and stress bear down on me, I find joy in your truth... Those who love your word have great peace and do not stumble.

1 Corinthians 2:16 - Put on the mind of Christ.



Psalm 119:105 Your word is a lamp to guide my feet and a light for my path.

Psalm 119:11 I have hidden your word in my heart, that I might not sin against you.

WHY? SO THAT WE'LL _____ LIKE CHRIST!

KEY UNDERSTANDING: The _____ was never intended to be an end in itself...It is a means towards an end.

**So what is true? What is honorable and right?
What is pure and lovely and admirable?
What is excellent and worthy of praise?**

It is _____

Philippians 2:5-11 - Your attitude should be the same that Christ Jesus had. Though he was God, he did not demand and cling to his rights as God. He made himself nothing; he took the humble position of a slave and appeared in human form. And in human form he obediently humbled himself even further by dying a criminal's death on a cross. Because of this, God raised him up to the heights of heaven and gave him a name that is above every other name, so that at the name of Jesus every knee will bow, in heaven and on earth and under the earth, and every tongue will confess that Jesus Christ is Lord, to the glory of God the Father.

Romans 12:9-13 - Don't just pretend that you love others. Really love them. Hate what is wrong. Stand on the side of the good. Love each other with genuine affection, and take delight in honoring each other. Never be lazy in your work, but serve the Lord enthusiastically.

Be glad for all God is planning for you. Be patient in trouble, and always be prayerful. When God's children are in need, be the one to help them out. And get into the habit of inviting guests home for dinner or, if they need lodging, for the night.

If people persecute you because you are a Christian, don't curse them; pray that God will bless them. When others are happy, be happy with them. If they are sad, share their sorrow. Live in harmony with each other. Don't try to act important, but enjoy the company of ordinary people. And don't think you know it all!

Never pay back evil for evil to anyone. Do things in such a way that everyone can see you are honorable. Do your part to live in peace with everyone, as much as possible.

Dear friends, never avenge yourselves. Leave that to God. Instead, do what the Scriptures say: "If your enemies are hungry, feed them. If they are thirsty, give them something to drink, and they will be ashamed of what they have done to you." Don't let evil get the best of you, but conquer evil by doing good.

The Law of Expectation: What I _____ has a direct impact on the "reality" that I _____

Law of Choice: I have the power to _____ what I think about.

CLOSING SCRIPTURE:

Romans 12:2 - Let God transform you by changing the way you think.

CLOSING CHALLENGE:

- ✱ Limit your exposure to what you know is _____
- ✱ Curb your thoughts from things that feed your natural weaknesses and rob you of _____ & _____
- ✱ _____ and _____ expose yourself to _____ through reading His Word.